

**Georgian Nordic Outdoor Activity Centre
COVID SAFETY PLAN**

December 23, 2020 (version updated from 12-21-20)

As per O.Reg 82/20

All of the following is subject to North Bay Parry Sound District Health Unit guidelines/direction and subject to any pertinent provincial regulations:

Safety Plan Administration:

- 1) The safety plan will be posted on the GNOAC website and will be posted outside the front door of the Club House at GNOAC and mailed to all staff and key volunteers.
- 2) The safety plan will be reviewed at a minimum of a weekly basis by key staff and volunteers for compliance.
- 3) The compliance records (tracking sheets) will be kept at GNOAC for a period no less than until April 7, 2022.
- 4) Any specific guiding direction provided by authorities (Health Unit and/or Province) will be appended to this plan.

Broad Directions (effective December 24,2020).

NOTE: These directions will be amended and revised in accordance with permissions and directions provided from provincial regulations and NBPSDHU guidance. GNOAC reserves the right to implement actions that are more restrictive.

Effective December 24th:

- 1) The facility will be open only to members of GNOAC;
- 2) Rentals of snowshoes and fat bikes will be permitted at discretion of Burrow manager and Attendants. Rentals of skis to Jackrabbit children will be permitted at the discretion and in accordance with the directions provided by Burrow staff/volunteers;
- 3) Members are required to undertake COVID Screening in advance of coming and register (in person or by system offered).

GNOAC will explore and better understand the following prior to proceeding with opening up the clubs services beyond what is noted above.

GNOAC Operations:

- 1) A GNOAC Operating Committee, responsible for reviewing, assessing and modifying operations to ensure that GNOAC is in compliance with its requirements and is operating in a manner that is safe for staff, volunteers, membership and the public will be struck. This committee will consist of the President, Vice President, Head groomer and Burrow Manager Board positions as Voting Members and one staff person from the Burrow Attendants as non voting.
(Wil Smith, Greg Mason, Don Brisbane, Aleesha Mullen, Emma Waddington)

- 2) **Trail grooming** and preparation will continue as per COVID guidelines developed and held by Head Groomer (Don). Fat Bike trail maintenance will be coordinated through Head Groomer. (latest guidelines appended). The Head Groomer will be responsible for communicating and tracking compliance needs for the COVID Safety Plan to grooming staff and volunteers.
- 3) **Burrow** will be available for rentals, washrooms and emergency heating/First Aid only subject to COVID operating guidelines developed by Burrow Manager (Aleesha) . The Burrow Manager will be responsible for communicating and tracking compliance needs for the COVID Safety Plan to grooming staff and volunteers.
- 4) Priority of use will be provided to standing members of GNOAC and access to the trail, subject to any total facility capacity limits that are set by authorities and/or GNOAC.
- 5) The club will be available to members of the public for day use provided it can be done in a manner that prioritizes membership and is within any facility capacity limits established by authorities and/or GNOAC.
- 6) Organized team and programs will cease until at least January 11, 2021 including Jackrabbit Ski Program, Racing Rabbits and Junior Race team. These programs may only restart at the express permission of the Operating Committee. In preparation for Jackrabbits starting, the draft operating plan for Jackrabbits is attached. The Racing Rabbits and Junior Race team will continue to follow the operating guidelines of XCO – Return to Train Policy (<https://xcskiontario.ca/safe-sport/covid-19/>)

Facility Capacity

- Unless other restrictions are in place, GNOAC is considered to be ‘at capacity’ when the parking lot is full.
- GNOAC reserves the right to cordon off Member’s and Non-Members parking areas
- Non-Members, when permitted to be at club will likely be required to call in advance to ensure the following:
 - That they undertake a COVID screening
 - That they can book a spot within the capacity limits of that day
 - That they have paid all necessary fees and can show a digital receipt upon visiting the facility.

Burrow Operations – COVID SAFETY PLAN, 12-23-20 (version updated from 12-21-20)

The Burrow will be open to the public during set hours (to be determined). The Burrow will become an “in-and-out” skier services building for day passes, rentals, washrooms and a quick warm-up. Through online messaging, website information, in person and on the phone communications guests will be encouraged to come prepared to ski, to limit the time (and potential contact) required in the Burrow and in staging area.

Staff/Volunteer Safety:

- 1) Staff/volunteers are required to self screen each day prior to attending. This will include to a staff/volunteer sign in to the burrow, attesting to the screening. Staff/Volunteers who do not ‘pass’ any part of the screening are required to stay home.
- 2) Staff/volunteers who become ill at work are asked to close and leave the facility immediately and go home and alert the GNOAC COVID Operating Committee.
- 3) Staff/volunteers are required to clean/sanitize their hands frequently and including after handling of materials/items that have recently been handled by a visitor.
- 4) Staff/Volunteers are asked to wear a mask when any other individuals are in the facility and when they are within 3 metres of a visitor.

Use of Trail Facilities:

- 1) All facility users (indoor and outdoors) will be asked to check in with the Attendant or sign in on the outdoor sign in sheet;
- 2) All facility users will be asked to undertake a COVID Screening in advance of attending; this will be double checked via the attendant and/or self-check in forms;
- 3) Users will be required to maintain a minimum of 2 metre social distancing (excepting social bubbles);

Use of Burrow/Club House

1. The Burrow (Club House) facility will be used only for payments, checking in, washrooms, rentals and emergency first aid/heating;
2. No more than 5 individuals (including attendant) are permitted to be in the Burrow at any one time.
3. The front door will become the entrance and the back door (to the back deck) will become the dedicated exit for the building.
4. Masks must be worn at all times in the Burrow by staff, volunteers, members and guests, no exceptions. Masks will be provided for those who don’t have one.
5. The Burrow capacity will be limited to 5 people (including the Burrow staff) at all times and will be monitored and enforced by the Burrow staff.
6. Hand sanitizer will be available at the entrance of the building and as you enter the washrooms.
7. The washrooms (and outhouses) will be cleaned as frequently as possible and documented each time they are cleaned.
8. Tables will be sanitized as frequently as possible.

9. Rental equipment will be cleaned after each use.
10. Contactless and cashless payment will be encouraged whenever possible.
11. The Burrow staff desk will be moved to the entrance of the building so communication with the staff will be possible from outside the building when required.
12. Name, contact information and group size will be collected for each group entering the Burrow for contact tracing.
13. Signage will be located around the property reminding guests to social distance and wear masks when indoors.
14. The Kitchen area is only to be used by volunteers and burrow attendant on an as needed basis
15. GNOAC will not facilitate any food sharing potlucks or buffets or large volume hot chocolate/coffee.

GROOMING GUIDELINES - COVID SAFETY PLAN 12-21-2

Groomers will be asked to follow all the other guidelines/restrictions in place for the facility. In addition, they will be asked to ensure the following:

- 1) Undertake COVID self-screening prior to coming in for a shift and NOT attend if any symptoms are evident;
- 2) Sign off at the beginning of a shift on the Groomer Tracking sheet
- 3) Wipe down all equipment (handlebars and seats) prior to use;
- 4) Wear masks when working in close proximity with other groomers (setting up and in garage)
- 5) Sanitize hands regularly;
- 6) Wear single use gloves when working on/repairing equipment and using tools;
- 7) Ensure that trail system is groomed so that the following can occur as a minimum:
 - a. Classic tracks must be set to allow for 2M of physical space
 - b. Trail access/egress are separated in a manner that permits for good physical distancing in areas of two-way traffic;

Jackrabbit Ski Program – COVID Safety Plan 12-21-20

NOTE: The JR program guidelines are under further revisions based on recent posting. They will be added to this document upon completion and review by organizing committee.

At this time, Jackrabbits is postponed until at least January 11th.

IMPORTANT NOTICE FOR ALL MEMBERS

COVID-19 Self-Screening Assessment

You must complete this screening tool before any use of the GNOAC trails.

If you have any of the following new or worsening signs or symptoms:

- Fever or chills,
- Difficulty breathing or shortness of breath,
- Cough,
- Sore throat, trouble swallowing,
- Runny nose/stuffy nose or nasal congestion,
- Decreased or loss of smell or taste,
- Nausea, vomiting, diarrhea or abdominal pain,
- Not feeling well, extreme tiredness, sore muscles,

OR

If you have travelled outside of Ontario or Canada in the last 14 days,

OR

If you have had close contact with a confirmed or probably case of COVID-19,

OR

If you are over 70 years of age, and experiencing any of the following symptoms: delirium, unexplained or increased number of falls, acute function declines, or worsening of chronic conditions,

THEN:

**PLEASE SANITIZE YOUR HANDS AND PUT ON A MASK.
YOU SHOULD SELF-ISOLATE AND CONTACT YOUR
HEALTH CARE PROVIDER OR TELEHEALTH ONTARIO TO
FIND OUT IF YOU NEED A COVID-19 TEST.**



Burrow Lockdown Safety

Lockdown
Dec 24th 2020 -
January 11th 2021



Georgian Nordic
Outdoor Activity Centre

COVID-19 LOCKDOWN RULES AT GNOAC



GNOAC open to MEMBERS ONLY

ALL members must check in with staff, or use the self check-in when staff is not present. ALL members **MUST** complete a screening checklist.



Masks are required in indoor facilities

Please ensure that your mask covers your mouth and nose before entering.



Wash or sanitize hands frequently

Please use hand sanitizer when using check-in box, upon entrance to facilities, and wash or sanitize hands after using the washroom.



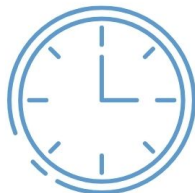
Limited indoor space, 5 people max.

Please only enter the Burrow for washroom use if necessary, or for emergencies. Please enter through front door, and exit through rear door.



Practice physical distancing

Stay 2 meters apart, avoid gathering in groups over 10 people.



Limit your time inside The Burrow

Please limit time inside to 10 minutes. Be prepared before you enter. All information can be found on the Info Board outside.

Thank you - GNOAC Staff, Volunteers and Community

COVID-19
LOCKDOWN

Effective Dec. 24, 2020 – Jan. 11, 2021

GNOAC WILL BE OPEN TO
MEMBERS ONLY

NO GUESTS OR DAY PASSES

MEMBERS- YOU MUST
CHECK IN AND COMPLETE
COVID SCREENING
BEFORE ANY USE OF
TRAILS